

1. **In Judges 2:1** God reminded the people of His faithfulness to them in the past. Jot down the three things God reminded them of according to this verse.

- 1.
- 2.
- 3.

2. Think about a specific way God has been faithful to you in the past, and write it below.

3. **In Judges 2:2-3**, God instructed His people to obey Him by staying away from sinful, destructive influences. He compared these influences to a thorn in their sides and a trap. Ask God to show you if there is a sinful, destructive influence in your life. What does He want you to do about this?

4. **In Judges 2:4**, the people wept loudly because they were convicted about their sin. Ask God to help you grieve over your sin and turn to His faithful love and lavish mercy as you repent and run into His welcoming arms. Write out your prayer.

Psalm 25 A psalm of David.

1

O Lord, I give my life to you.

2

I trust in you, my God!

Do not let me be disgraced,
or let my enemies rejoice in my defeat.

3

No one who trusts in you will ever be disgraced,
but disgrace comes to those who try to deceive others.

4

Show me the right path, O Lord;
point out the road for me to follow.

5

Lead me by your truth and teach me,
for you are the God who saves me.
All day long I put my hope in you.

6

Remember, O Lord, your compassion and unfailing love,
which you have shown from long ages past.

7

Do not remember the rebellious sins of my youth.
Remember me in the light of your unfailing love,
for you are merciful, O Lord.

8

The Lord is good and does what is right;
he shows the proper path to those who go astray.

9

He leads the humble in doing right,
teaching them his way.

10

The Lord leads with unfailing love and faithfulness
all who keep his covenant and obey his demands.

11

For the honor of your name, O Lord,
forgive my many, many sins.

12

Who are those who fear the Lord?
He will show them the path they should choose.

13

They will live in prosperity,
and their children will inherit the land.

14

The Lord is a friend to those who fear him.
He teaches them his covenant.

15

My eyes are always on the Lord,
for he rescues me from the traps of my enemies.

16

Turn to me and have mercy,
for I am alone and in deep distress.

17

My problems go from bad to worse.
Oh, save me from them all!

18

Feel my pain and see my trouble.
Forgive all my sins.

19

See how many enemies I have
and how viciously they hate me!

20

Protect me! Rescue my life from them!
Do not let me be disgraced, for in you I take refuge.

21

May integrity and honesty protect me,
for I put my hope in you.

22

O God, ransom Israel
from all its troubles. Amen.