

Session 3 Goliath Must Fall

Welcome, Prayer and song, You Say

Answer one of these questions:

- When you were growing up, who accepted you just as you were?
- What are some of the ways you typically respond to rejection?

Go over the “assignment from last week.”

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Read 1 Samuel 17:32-37

- *What was one thing that stood out to you from the scripture and why?
- * How did Saul react when David offered to fight Goliath?
- * How did David respond to the rejection?

Watch the video

Thoughts during the video:

*It is hard to shake off comments said, or not said about us.

*Think about the difference between, “so that “or “because.”

*What is the difference in living for the approval of people and from the approval of God.

*Think about the statement, Rejected people reject people.

Group Discussion: How does understanding the miracle of our creation nurture a sense of acceptance?

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Living from Victory Activity

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Closing Prayer based on Ephesians 3: 16-21

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Between Sessions:

1. Act- List your rejections, how they happened and how it left you feeling. Has this rejection affected different areas in your life? What are some of the ways you have dealt with the aftermath of rejection?
2. Worship: Read Psalm 8. Think about the idea that God made this incredible creation and yet He cares for you. He sees you crowned with His own glory. Write down some of your thoughts to share next week.