

## Session 6- Goliath Must Fall- Addiction

Music playing as people come in : 6:45

Open with prayer and sing Amazing Grace My Chains Are Gone

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Between Sessions Personal Study:

See if anyone wants to share the self-survey

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Icebreaker:

Share facts on cell phone use and share the poem on drugs

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Read Scripture- 1 Samuel 17:38-50

What one thing stood out for you in this scripture?

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Video: 21 minutes

Video and Group Discussion

1. How and why was Saul trying to cover up David's reality?
2. How does the enemy try to convince you to cover up or hide?
3. What does it mean, "Freedom comes when we run in packs?"
4. What is the difference of being addicted to something, or just liking it?
5. What are characteristics of a safe person to confide in?

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Living from Victory Activity – Stones activity

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Closing-

Lord, we want to be strong in your power, not in our own efforts. Help us today to put on your armor so that we can stand against the devil's schemes. We know that we do not battle against other people but against the spiritual forces in this world. We commit each to be equipped with the

belt of truth, the breastplate of righteousness, and the readiness that comes from the gospel of peace. In addition to this, we also commit to take up the shield of faith in order to extinguish the enemy's arrows, the helmet of salvation, and the sword of the Spirit. And we commit to pray for our fellow believers. Amen

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Between Sessions:

We will not be sharing this assignment. It is for each of us to read over and do a self-examination.

1. When was the last time you indulged in your stress reliever and where did it take you?
2. How does your personal addiction affect key relationships in your life?
3. Do you desire the change you need to make, and are you willing to allow God to take over?
4. Ask yourself, " How is God greater than my addiction?"
5. Are there others I can help, or who can help me?